

**Minutes - NAMI San Joaquin County  
Board Meeting**

Thursday, Nov 20th, 2014, 6 P.M.  
SJCMH, 1212 N. California St. Room B, Stockton, CA 95202

**Call to Order:** 6:05 pm

**Roll Call:** William Smith, Tasso Kandris, Gertie Kandris, Elizabeth Hess, Irene Sherman, Rita Verde-Fellows, Ron Vandermoon, James Jones

**Absent:** Pamela Swift, Jennie Montoya

**Guest:** Nancy Smith, Bruce Adams, Mike Miller, Jennifer Allen, Van Ha To-Cowell

**Approval of Minutes:** Minutes not available at this time.

**Public Comment:** Rita added a link to the Stockton Homeless Shelter and a link to the Wellness Calendar to the NAMI SJ website.

Introduction of guests - Bruce Adams is with PREP and will be joining the NAMI Board, Mike Miller, Jennifer Allen and Van Ha To-Cowell are interested in being on the Board.

**Correspondence:** Liz Hess mentioned that there were a numerous amount of returned newsletters - several without address labels at all, others with incorrect addresses. There seems to be 3 or 4 address lists being used at this time. Tasso Kandris asked that this year we put together one central list. There is an issue with the printing format for labels at the office.

There will be a Mental Health First Aid Training on Dec 10th & 12th @ 8:30am-1:30pm. CET's are available. See Attachment regarding details. \*

Tasso Kandris thanked everyone for all of the volunteer work they have done.

**New Business**

1. Report from Nominating Committee - list of possible officers - see attached list. \*
2. NAMI Walk 2015 -( Bill & Liz) Liz Hess mentioned Sacramento has "Save the Date" postcards and Walk Posters available. A new Jingle has been written for the Annual WALK. WALK Flyers were handed out. \*
3. Plans for December general meeting - potluck and elections. Dec 4th is the board elections. Everyone is reminded they need to be a member in good standing to vote and/or run.
4. **CHANGE** general meeting from Jan 1st to Jan 8th, 2015 due to the holiday. Rita will notify general membership.

**Old Business**

1. Speaker s Report- Dec - Potluck & Elections. Jan - Virginia Wimmer. Feb - Donna Woods (Sacramento Walkmanager) Mar - Bruce Adams from PREP.
2. Christmas Party - Volunteers are needed to prepare for Christmas Party on Dec 8th (stuff bags with fruit and nuts, wrap presents etc) and to help serve, cleanup etc. at actual luncheon on Dec 9th.
3. Business Cards - Nancy went over information to put on biz cards.

**Reports:**

**A: Treasurer's report-Elizabeth Hess:**

Financials presented - Donation was made to help with Christmas party.

**B: Bills presented for payment-** No bills presented. All payments current.

**C: Legislative Report – Gertie**

See Attached report \*

**D: MH&SAB Report – Gertie**

See Attached report. \*

**E: Other Committee Reports from any of the committees.** The Wellness Center is looking to expand.

See Peer Programs Coordinator Report. \*

Ending the Silence Report for presentations in 2014 submitted by Gertie Kandris. \*

**NAMI CA Trainings**

Basics training - January 23 to 25, 2015 - Santa Ana, CA / May 15 to 17, 2015 - Vacaville, CA

Connections Training - Early Feb 2015

**Educational Programs Report for 2014**

A: Family to Family Spring class starts on Feb 7th, 2015. Fall Class graduates Nov 22nd. 16 People will graduate. Family to Family Spanish graduates next week.

B: Provider Education Class just graduated 20 people.

**Support Groups Report:**

A: English Family Support Groups = Lodi (7) Manteca (8), Stockton (13) Tracy (7)

B: Spanish Family Support Group = Stockton (n/a) Not during F2F classes.

C: Connections Support Groups = Stockton (?) Manteca - 4 showed up but Facilitators were ill.

**Good of the Order Board Members Only:**

Bill thanked the new board nominees for volunteering and getting involved.

James Jones spoke about difficulties of getting NAMI into Lodi. Van Ha made some suggestions for connections to leaders in LUSD.

Tasso thanked everyone for their support this last year. Mentioned that Bill & Nancy Smith are the foundation of NAMI San Joaquin.

**Adjourn: 8:00pm**

Next NAMI SJC Board Meeting: Thursday, Dec 18<sup>th</sup>, 2014, 6 P.M.  
1212 N. California St., Room B  
Stockton, CA 95202

Submitted by Elizabeth Hess, Treasurer NAMI San Joaquin County

\* see attachments