MEMBERSHIP APPLICATION

- New Member
- Renewal
- General Member . . . . . . . . . . . . $ 35
- Open Door (Limited Income) . . $ 3

NAME ________________________________________

STREET _________________________________________

CITY __________________________ ZIP _________

PHONE __________________________ E-MAIL ________________

ADDITIONAL DONATION

Please consider giving an additional $25 or more to NAMI San Joaquin County. Your donation supports our local services for those with mental illness and their family members.

$___________ Total Enclosed

Make checks payable to:
NAMI San Joaquin County or join online at
www.namisanjoaquin.org

☐ I am interested in volunteering for NAMI San Joaquin County. Please contact me at the above address/phone/Email or:

PLEASE MAIL THIS FORM TO:

NAMI San Joaquin County
P.O. Box 448
Stockton CA 95201

NAMI San Joaquin County is a 501(c)(3) nonprofit organization. All contributions are tax deductible to the extent allowed by law.

NAMI San Joaquin County members receive:
- Bi-monthly affiliate newsletter
- Membership in NAMI California and NAMI National organizations
- NAMI California Newsletter and NAMI CAN! reports
- NAMI Advocate magazine and national news
- Information about conferences, status of bills before legislature (national and California), latest research on mental illness
- Access to NAMI California web site and NAMI National web site

Contact Information

Office: NAMI San Joaquin County
209.468.3755

Debbie Alter, Executive Director: 209.478.7799
Spanish: Rosalva Garduno 209.472.0191

San Joaquin County Behavioral Health Service
Warm Line 209.468.3585 24/7
Crisis Line 209.468.8686 24/7

National Suicide Prevention Life Lines:
- English 800.273.8255
- Spanish 888.628.9454
- Hearing and Speech Impaired 800.799.4889

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**Free Educational Programs**

**Family-to-Family** is a 12-week course for family members who want to gain vital information, insight, and understanding of their loved one’s mental illness. This course is taught by trained NAMI family members who have a loved one living with a mental illness.

**NAMI Basics** is a 6-week course for parents, taught by trained parents who are also caregivers of children who developed the symptoms of mental illness in childhood. This program will help families cope with the impact these disorders have on their child and the entire family.

**Peer-to-Peer** is a 10-week course for people living with mental health conditions and want to learn more about their illness, achieve wellness, and prevent relapse. This course is taught by trained NAMI peers who are in recovery.

**NAMI Provider Education Program** is a 5-week course that presents a penetrating and subjective view of family and consumer experiences surrounding mental illness. This program is recommended for line staff at public agencies who work directly with people living with mental illnesses.

**In Our Own Voice** is a unique informational community outreach program led by trained individuals living with a mental illness. Presenters share stories that help to enrich the audiences’ understanding of how those with mental illness cope and can reclaim rich and meaningful lives.

**Ending the Silence** is a presentation designed for middle/high school audiences to better understand mental illness and stigma reduction. A trained facilitator and a presenter living with a mental illness discuss symptoms of mental illness, as well as how students can help themselves and others who may be in need of support.

**Parents & Teachers as Allies** is a presentation led by a trained team including an educator, a parent, and an individual who has had to cope with a mental illness while growing up. School professionals and families will learn the early warning signs of mental illness in children and adolescents as well as available local support resources. This presentation is recommended for in-service educator trainings and parent group meetings.

**Family-to-Family, Peer-to-Peer, and In Our Own Voice programs are available in Spanish.**

**Free Support Groups**

**NAMI Family Support Group** provides family members of persons with a mental illness the opportunity to learn from each other’s experiences, share concerns, and most importantly offer each other hope and understanding. Meetings are facilitated by trained NAMI family members.

**NAMI Connections Support Group** is a recovery support group for adults living with a mental illness. People learn from one another’s experiences, share coping strategies, and offer encouragement and hope. Groups are facilitated by trained NAMI peers who are in recovery themselves.