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Board Meeting Minutes

Date of Meeting: Thursday, January 16, 2014

Time: 6:00 p.m.

Location: 1212 California St., Room B, Stockton CA

Call to Order: 6:02pm

Roll Call: William Smith, Tasso Kandris, Gertie Kandris, Elizabeth Hess, Pamela Swift, Irene Sherman, Raksmev Castleman, Jennie Montoya, Jim Jones, Rita Verde-Fellows, Nancy Smith, Ron Vandermoon.

Absent: 0

Guests: Debbie Alter, Bonnie Slack

Approval of December, 2013s, Minutes: Rita Verde-Fellows made motion to accept minutes, Gertie seconded; motion passed unanimous.

Correspondence: There were 5 returned envelopes from Newsletter mailings; Office Depot discount statement; Flyer from Well Space Health on e-suicidetalk..

New Business:

1. New coordinator for consumer programs, i.e. IOOV, En Nuestra Proipa Vox, Peer to Peer, Persona a Persona etc.

*Nancy Smith volunteered until June 30, 2014, the end of the fiscal year for the BHS and Cal MHSA programs. Tasso Kandris and Bill Smith will be meeting next Thursday with Vic Singh to discuss the BHS contract.

2. Fate of Dignity Health Grant if Debbie doesn't not wish to administer. (Do we want it or not & who will administer)

*Debbie agreed to do the Dignity Health Grant- a copy of the contract was issued to all board members. The grant is for \$ 8,000.00, \$500.00 will go to the general fund; \$7500.00 will go to administration (Debbie Alter). Tasso Kandris asked for a motion; Jenny Montoya made the motion to accept, seconded by Ron Vandermoon and carried unanimous.

3. Scheduling telephone answering volunteers for the office.

*Volunteers; Irene will answer phones on Tuesdays 1-3pm, Nancy will volunteer on Thursdays 1-3pm. Pat McCann may volunteer 1 day per week after her medical issue is resolved. Sheila will no longer be available to answer phones, she accepted another job.

4. Telephone answering PROTOCOL:

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A worksheet is available in the NAMI office as well as the worksheet being available electronically; Debbie Alter agreed to email the protocol to all board members.

Reports:

- A. Internal Audit Committee report: Liz Hess reported it was "pristine".
- B. Treasurer's report: Budget was emailed to all board members
- C. Bills presented for payment:
 - * Bills presented for payment; Debbie Alter-\$700.00 supplies, Irene Sherman; \$ 106.01, \$ 54.17 for lunch, Strategic meeting & \$ 51.84 for binder supplies; Ava Malm; \$100.00 for 2 IOOV presentations in December and January; Bill Smith- \$ 346.28 consisting of: \$270.00 for Star Bucks gift certificates, \$37.35 for gravel and \$ 38.93 for office supplies . Michael Fields \$100.00 for 2 IOOV presentations.

- D. Legislative Report: (See attached), Gertie made updates on the report
- E. MH&SAB: (See attached)

Old Business

1. Speakers Report:

February: NAMI Walk Kickoff.

March: Doctor Rice will be presenting medications for schizophrenia

April: Vic Singh will be presenting

May: Sheriff Moore

2. NAMI CA Trainings:

Family Support Group & Basics Training-February 7-9th 2014 in Modesto

Family to Family & Familia a Familia Teacher Training- May 30th to June 1st, 2014, Elk Grove

Peer to Peer-May 16th-18th, 2014, Sacramento

In our Own Voice Train the Trainer-March 28th-30th, 2014, Sacramento

3. Educational Programs Report for 2014:

- A. Family to Family: Starts February 1, 2014; so far 24 sign-ups.

Familia-a-Familia: Class going well – 20 students.

- B. In Our Own Voice (IOOV)/ En Nuestra Propia Voz: SJCBS no report.
- C. NAMI Basics: No program offered.
- D. Peer to Peer/Persona-a-Persona: no report.
- E. Provider Education Program: Nancy is working with SJCBS on contract.
- F. NAMI California/CalMHSA Programs

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*Parents and Teachers as Allies/Ending the Silence/IOOV – Verbal agreement with NAMI /Stanislaus, Gertie met with the new ETS Adult Presenter in person for ETS training; she is very professional and articulate. Emily Sosa called and is feeling better and would like to start the program again. Gertie told her about the new ETS on-line training requirement and the registration by January 30, 2014 and directed her to speak with Michael Fields at the Wellness Center or the Gipson Center about computer access for the training.

Support Groups Report:

English Family Support Groups: Lodi: Irene Sherman and Jocelyn Spurgeon facilitators, (Day after Christmas), small group (seven) in attendance, three new people.

English Family Support Group in Stockton on Thursdays: 9 in attendance; in Manteca 9 people. In Tracy: Bill and Nancy will start on 02-03-14; Stockton Support Group on Saturdays: None.

Stockton: Spanish: Family Support: Going well and growing

Manteca: Continuing on 3rd Monday of each month, 6:30 pm, Crossroads Grace Community Church, 1505 Moffat Blvd., average nine to ten attendees. Might have to change meeting day.

Stockton Connections: 10:00 am on Saturdays at Wellness Center, nine people attend.

Stockton Connections: First Thursday of month discussion about a couple that may facilitate meeting instead of having a person come from Modesto to facilitate the meeting.

Tracy Connections: not meeting at this time.

Other Old Business:

A: NAMI Walks- Bill and Liz will be meeting at Becketts in Sacramento on Saturday 1/18/2014 to discuss the walk for 2014. * NAMI has a new "Walk Manager", her name is Bonnie.

B: Further update on Spanish Literature: This meeting was postponed, Rosalva is going to review the material, and some changes may need to be made. Tasso to contact Rosalva for update prior to next Board Meeting.

C: Letter to Bank of Stockton for signature change- Pamela will get letter to Liz by Friday 1/17/2014.

Public Comment:

Tasso purchased a "Hot Spot" for the NAMI office, everyone very happy! The last report from Debbie Alter as the executive director was emailed, as well as "what is in the works" for NAMI.

Debbie also handed out the upcoming/pending projects for NAMI. Debbie to reschedule SUSD Parent Hour Presentations of 1/28/14. Debbie to e-mail Gertie to give information about SUSD Wellness Advisory Committee scheduled for 03/13/14 from 3pm to 5:30pm regarding location; Gertie volunteered to attend the March Meeting. Nancy agreed to attend the 03/05/14 multi-cultural follow-up meeting in Modesto as Raksmeiy is unable to attend during her business hours. Nancy agreed to update Newsletter labels with Kenneth. Tasso and/or Bill will attend 02/05/14 Consortium Meeting from 3-5pm. Liz will check with Constant Contact to determine if service can be paid by check. Rosalva will review the Spanish brochure. Tasso agreed to e-mail list of

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current Board Members, their e-mail addresses and telephone numbers to all Board Members and Sue Gruber at BHS.

Adjourn: 8:00 pm

Next NAMI SJC Board meeting February 20th, 2014, 6:00 p.m.

1212 N. California St, Conference Room B, Stockton, CA 95202

Submitted by Pamela Swift, Secretary, NAMI San Joaquin County