



San Joaquin County Behavioral
Health Services and
NAMI San Joaquin County
Present:
NAMI Provider Education Course
Limited to 25 participants

Starting on Tuesday, October 17, 2017

5 Consecutive Tuesday's from 9:00am through 12:00pm.
501 W. Weber Ave, Suite 200A, Stockton, CA – Second Floor

The National Alliance on Mental Illness (N.A.M.I.) Provider Education Course is based on the N.A.M.I. Family-to-Family Program. It was augmented and edited by Joyce Burland, Ph.D. (NAMI's National Director) to establish a 5 consecutive weeks' course for Mental Health providers in collaboration with consumers and family members. Weekly class and homework handouts are compiled into a Course Notebook for future reference.

This course provides a clinical picture of collaborative secondary intervention strategies (pragmatic, concrete, practical steps) which staff can use in practice. The primary knowledge base of the course is the lived experience of consumer and family members relating to critical clinical aspects of serious brain disorders; the purpose of the course is to help providers “see our lives” from the inside so that effective, equitable and compassionate partnerships can guide the treatment process.

These courses meet the qualification for 15 contact hours of continuing education units for the California Board of Registered Nursing (BRN) CEP#10536 and California Consortium of Addiction Programs and Professionals (CCAPP) PN:5097-06-17. There is no charge for CEUs.

Upon completion of this class, the participant will learn:

- * Class 1: (Oct 17): Orientation
Introductions—Key course principles, group exercise, personal and family experience (our trauma stories)
- * Class 2 (Oct 24) Clinical bases
Basic principles of secondary prevention/intervention in community psychiatry, clinical strategies for trauma response, secondary prevention stage models, group exercise to determine needs in critical periods
- * Class 3 (Oct 31): Responding effectively to consumers and families in stage II
Cascade of secondary trauma, symptoms as stressors group exercise, stages of adherence to medication, co- occurring brain and addictive disorders, trauma of incarceration and attempted suicide
- * Class 4 (Nov 7): Inside mental illness
Gaining empathy, defensive coping strategies, reiterating our appeal for trauma informed care, up from obscurity
- * Class 5 (Nov 14): Working toward recovery
Suggested confidentiality guidelines, case study, how to frame collaborative work, recovery as a conscious choice and action, and certification/celebration

Approved 09/21/17 BHS Training Coordinator

To register for the NAMI Provider Training: E-mail BHS-HR at TrainingRequest@sjcbhs.org. For questions please contact Drew Strachan, NAMI SJC Volunteer Coordinator, at dndstrachan@gmail.com or 209-366-4923

