Upcoming General Meeting Speakers

General Meetings are held at 7pm right after the 5:30pm Family Support Group (all are welcome) meetings which take place at: S. J. Co. Behavioral Health — 1212 N. California St. Suite A — Stockton

**November 2nd, General Meeting**

**Movie: Canvas**

The movie is 'CANVAS', an Academy Award Winner, with Joe Pantoliano and Marcia Gay Harden. It was inspired by a true story of a family dealing with a wife's/mother's mental illness (schizophrenia).

**December 7th, General Meeting**

**Event: Potluck**

Bring your favorite dish to celebrate the Holiday Season with your Fellow NAMI Members for a Potluck and cast your vote for the NAMI San Joaquin County Board Officer and Member Election.

Nominations for NAMI Board Member elections may be submitted by November 2, 2017 to: Larry Crain at the following e-mail: larrywcrain46@gmail.com

Recovery Happens 2017

Recovery Happens took place at S.J. Co. Behavioral Health Services (SJCBAHS) on California St. on Saturday, September 30, 2017. Many Mental Health organizations were represented by booths displaying services provided. Recognition was given to those in recovery for the length of time they have been substance free. There were raffle prizes donated by different agencies. The gift raffle prize donated by NAMI San Joaquin was “best of show”. Also, prizes were given to children in a dance contest. A speaker touted the Recovery Happens program and spoke of its success. Hot dogs and hamburgers were served to all who attended the event.

October General Meeting

Gene Hardin was the speaker for the October General Meeting. Mr. Hardin serves on the CHILD ABUSE PREVENTION COUNCIL (CAPC) as a certified Mandated Reporter Trainer. Seeing the need to reach out to the community at large with the message of child abuse prevention, he assembled a team of people to write, build and create the vision that became THE LISA PROJECT EXHIBIT to raise awareness and educate on the social affliction of child abuse. The powerful LISA PROJECT has been exhibited in approximately 100 California Cities bringing awareness of the tremendous social impacts of child abuse in our neighborhoods. Mr. Hardin and his wife Lindy have 5 children ages 16-26 and live in Stockton.
On September 18th, 2017 the California Memorial Project, 15th Annual Remembrance Day Ceremony took place at Stockton Rural Cemetery. In the photos below are Left to Right; NAMI Volunteer Outreach Coordinator Drew Strachan, Tony Anderson Executive Director (VMRC), BHS Consumer Outreach Coordinator Kerrie Melton, NAMI Volunteer Stacy Bullock and Peer Recovery Services Volunteer Linda Gomez. The next photo are of people who attended the event in front of the memorial Stone.

The first week in October 1st through 7th is Mental Illness Awareness Week. NAMI San Joaquin County in efforts to bring awareness to Mental Health in our community participated in an event hosted by Mountain House High School located in Mountain House, Ca near the city of Tracy. On October 2nd, 2017 NAMI San Joaquin County through community engagement and outreach met with students in the quad for several periods throughout the day talking about and bringing awareness to Mental Health and the STIGMA that very often surrounds it. I had the pleasure of speaking to Charles Schallhorn’s (Teacher AP Psychology) 3rd and 7th period classes regarding my lived experience growing up with Mental Health Challenges, living in silence due to the fear of STIGMA. Mountain House High School will have one of the first NAMI High School Clubs on Campus in San Joaquin County with over 50 students signed up to join the club. In the following photo are Left to Right; NAMI Volunteer Outreach Coordinator Drew Strachan, NAMI Volunteer Stacy Bullock, and in the next photo are NAMI Volunteer Stacy Bullock, NAMI Board Member Heather Bradford, and NAMI Volunteer Rossi Bradford.

Abraham Lincoln o Winston Churchill o Buzz Aldrin o Virginia Woolf o Kurt Cobain
Charles Dickens Sylvia Plath o Carrie Fisher... o People with Mental Illnesses Enrich Our Lives
What is it???

NAMI Connection is a recovery support group program for adults living with mental illness. These groups provide a place that offers respect, understanding, encouragement, and hope in a casual and relaxed approach to sharing the challenges and successes of coping with mental illness. Meetings are held in Stockton and Manteca at:

**Stockton**

SJC Behavioral Health 1212 N. California 1st Thursday each month at 5:30 PM

**Wellness Center Group**

Saturday Connection

- Free and confidential
- Held weekly for 90 minutes
- Designed to connect, encourage, and support participants using a structured support group model
- Led by trained facilitators living in recovery.

Saturday's 10:00am – 11:30am
The Wellness Center
1109 N. California St., Stockton

**Manteca**

Doctors Hospital of Manteca
1205 E. North St. - Manteca

1st Monday each month 6 - 7:30p.m.
Contact: Kerrie 209-922-7846 or NAMISJC

**Tracy**

Healthy Connections
35 E. 10th St., Suite. B2 - Tracy, Ca. 95376

Every Third Wednesday from 6:30 to 8:
Contact: the NAMI Office:
(209) 468-3755

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**NAMI San Joaquin Outreach Events**

In the photo above at the Hilliard Community Carnival: Volunteers Back row left to right are Emma Esparza, Vanessa Fernandez and Dylan Payan Middle row: Mary Frances Front row left to right Beth Bortner and Wendy Knowles

In the photo on the left Record Day in the Park: NAMI SJ Volunteers Emma Esparza, Lesley Carrillo, Vanessa Fernandez and Stacy Bullock

In the photo below National Night Out: Back row left to right are NAMI SJ Volunteers Emma Esparza, Vanessa Fernandez and Dylan Payan Front row left to right Taifrance Kelly and Starlene Vazquez

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Mental Illness
We can help

NAMI North Carolina
naminc.org - 800.451.9582

You shop. Amazon gives.

- Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to Nami Of San Joaquin County whenever you shop on AmazonSmile.
- You can select a different charitable organization after signing in.
- AmazonSmile is the same Amazon you know. Same products, same prices, same service.
- Support your charitable organization by starting your shopping at smile.amazon.com.
Please fill out the application form below and send it with your check of $35. If you have already paid your dues, thank you!!

[Image of application form]

NAMI SJ Board Mtgs.
3rd Thursday each month
Nov. 16 & Dec. 21 6:00 PM
Meetings held at:
SJC Behavioral Health
1212 N. California St. Ste A & B
Stockton, CA

SJC Behavioral Health Board Mtgs.
3rd Wednesday each month
Nov. 15 & Dec. 20 6:00 PM
San Joaquin County Behavioral Health
1212 N. California St. Suite A & B
Stockton, CA

NAMI San Joaquin County is a 501(c)(3) nonprofit organization. All contributions are tax deductible to the extent allowed by law.