Upcoming General Meeting Speakers

General Meetings are held at 7pm right after the 5:30pm Family Support Group (all are welcome) meetings which take place at: S. J. Co. Behavioral Health — 1212 N. California St. Suite A — Stockton

**JULY 5TH, General Meeting**

**Speaker:** MOVIE

The announcement will be made by email just prior to August 2nd **Keep an eye on your email inbox.**

**AUGUST 2ND, General Meeting**

**Speaker:** Ms. Ellen Schwarzenberg, San Joaquin County Public Defender

May General Meeting Speakers

The speakers for the May General Meeting were Michelle Rosado, DRAIL (Disability Resource Agency for Independent Living) Independent Living Specialist specializing in Assistive Technology and Jeff Vierra Coordinator of the DRAIL Stockton Center.

DRAIL empowers people with disabilities in Amador, Calaveras, Mariposa, San Joaquin, Stanislaus and Tuolumne Counties to achieve personal goals through independence and choice. They aid persons with disabilities to obtain the tools they need to be self-sufficient.

Michelle has been with DRAIL for the past 1 year and 1/2 working as one of the Independent Living Specialists specializing in Assistive Technology. She loves the work she does and feels that she has a true calling and passion for helping people.

Jeff has been married for 32 years; a father of 3 and a grandfather of 4. He has worked as DRAIL’s Stockton Center Coordinator for the last 12 years. Prior to that, he worked as a software engineer, where he frequently worked in India. While in India, he worked with the Missionaries of Charity in my spare time, ministering to the poor and disabled. He’s been a Catholic Deacon for 20 years. The first 5 of those years he was assigned to Our Lady of Hope Chapel at DVI prison in Tracy. While at DVI, he taught religious education, often ministering to people with various types of disabilities.

In the photo below are Tasso Kandris, NAMI S.J.C. Past President with Jeff Vierra.

June General Meeting Speaker

The General Meeting speaker for June was S.J. Co. Behav. Health Services Medical Director Dr. Khurram Durrani who has been with SJBHS for over 15 years. Dr. Durrani is a physician who is Board Certified in: Adult (General) Psychiatry, Child and Adolescent Psychiatry, Addiction and Psychosomatic Medicine. In the photo are NAMI S.J.C. Past President Tasso Kandris and Dr. Durrani, who spoke about suicide and answered many questions from the audience.

We are **strongest** when we are **united** for the same cause.

**Our cause:** Better lives for those affected by mental illness.

**Become a NAMI Member!**
Some photos of NAMI San Joaquin County members and their supporters in the Northern California NAMIWalks May 8, 2018 at William Land Park on a beautiful sunny Saturday morning raising mental health awareness and funds to support NAMI’s programs.

The Group 1 Photo includes Dave Bartlett, the "lone Walker" from NAMI Stanislaus.

Submitted by Gertie & Tasso Kandris
Team Captains NIKA STIGMATEAM

Family-to-Family Grads Reunion

Saturday, May 12, 2018 the Family to Family class from Spring 2017 met for their second get-together at Susan and Greg’s home. We had a good visit, very good food, as everyone provided a favorite dish. A good time was had by all catching up and enjoying the company. John Weston, SJC Board Director has been the one to initiate our semi-reunions.

Here is a photo of all who attended.
Back row, L to R: Susan, Greg, Mary Ellen, Loretta, Diane, John and Sandy.
Front row, L to R: Irene, Abbey & Mark.

2018 Basics Educational Program Graduates

Congratulations to the 2018 Basics Educational Program graduates. Parents and grandparents participated in the 6 session course that focuses on finding the best care, resources and services for their children/grandchildren, learning new parenting strategies and caring for themselves on the sometimes very difficult journey of raising children with mental health challenges. Congratulations to this terrific group of people!

In the photo: From left to right Kerrie Melton, Richard and Rosanna Espinoza, Robert and Jane Hittz, Teresa Dewalt, Maria Arce, Vanessa Alfano, Bobie Krebbs, Toni Maciel and Teacher Debbie Alter. Not pictured Monica Nunez.
What is it???
NAMI Connection is an adult recovery support program. Groups are led by trained facilitators providing a place that offers respect, understanding, encouragement, & hope in a casual and relaxed approach to sharing the challenges and successes of coping with mental illness. Meetings are held at the following locations & times:

Lodi
Lodi Memorial Hospital - Main Board Room
975 S Fairmont Ave, Lodi, CA 95240
Every Friday 6:00 - 7:30 pm
Contact: Drew Strachan (209) 366-4923

Manteca
Doctors Hospital of Manteca
1205 E. North St. - Manteca
1st & 3rd Monday each month
6 - 7:30pm.
Contact: NAMI Office: (209) 468-3755

Stockton
SJC Behavioral Health 1212 N. California
1st Thursday each month at 5:30 PM
Contact: Pat Barrett (510) 292-1337

Spanish Connection Support Group
SJC Behav. Health Serv. 1212 N. California
Every Friday 5:00—6:30pm
America Villasna (209) 356-8793

Advocacy Day
Michael Fields and Edna Ealey participated in the NAMI CA sponsored Bebe Moore Campbell Advocacy Day. We met with a number of legislators promoting mental health bills... and ran into Senator Beall who enthusiastically shared about his co-sponsorship of SB906.

SB 906 -- Establishes professional standards and certification for health providers known as peers, with lived experience in mental illness or substance use disorders, also known as "peers." (For fact sheet/questions please contact Gregory Cramer)

In the photo are CA State Senator Jim Beall, NAMI SJC President Edna Ealey and NAMI SJC VP & Executive Director of Peer Recovery Services/The Wellness Center of SJC Michael Fields, at the State Capital June 19, 2018.
**Family Support Group**

**4th Thursday each month except holidays***:
July 26 & Aug. 23  6:00 PM  
**Contact:** Irene Sherman  209-368-1469
Or Joselyn Spurgeon  209-369-5936

**Location:** Lodi Avenue Baptist Church Fellowship Hall—2301 W. Lodi Avenue
Lodi, CA  95242  Down the street from Raley’s

---

**San Joaquin County Behavioral Health**

**1st Thursday each month**

- **July 5 & Aug. 5**
- **Support Group**
- **5:30 PM**

**General Meeting**
7:00 PM  
(speakers see top page 1)

**Contact:** Mary Ellen Cranston-Bennett  209-369-2594 or (209) 451-3977

*The above meetings are held at:*  
San Joaquin County Behavioral Health  
1212 N. California St. Suite B—Stockton

---

**T r a c y**

**Spanish Family Support Group**

- Last Friday each Month  5:30—7pm

**Contact:** Jessica Alvarez  (209) 513-2373
or Karen Valles  (408) 829 - 1565

**Location:** SJ Co. Behavioral Health  
1212 N. California St. Suite A & B  Stockton

---

**T r a c y**

**Family Support Group**

- Returning Soon!!!

call the NAMI office 468-3755

**Location:**
Doctors Hospital of Manteca  
1205 E. North St. - Manteca

---

**S t o c k t o n**

**3rd Thursday**
July 19 & Aug. 16  6:00 PM  
Meetings held at:  
SJ Co. Behavioral Health  
1212 N. California St. Ste A & B  Stockton

---

**M a n t e c a**

**Family Support Group**
Returning Soon!!!
call the NAMI office 468-3755

**Location:**
Doctors Hospital of Manteca  
1205 E. North St. - Manteca

---

**BECOME A NAMI MEMBER TODAY!**

**NAME:** _____________________________________________  
**STREET:**____________________________________________  
**CITY: ________________________________ ZIP:__________  
**PHONE:____________________    CELL:_________________  
**EMAIL:_____________________________________________  

**ADDITIONAL DONATION**  
Please consider giving an additional $25 or more to NAMI San Joaquin County. Your donation supports our local services for those with mental illness and their family members.

**Make checks payable to:**  
NAMI San Joaquin County  
or join online at www.namisanjoaquin.org

**PLEASE MAIL THIS FORM TO:**  
NAMI San Joaquin County  
P.O. Box 48  
Stockton, CA  95201

---

**NAMI SJ Board Mtgs.**

**3rd Thursday**
July 19 & Aug. 16  6:00 PM  
Meetings held at:  
SJ Co. Behavioral Health  
1212 N. California St. Ste A & B  Stockton, CA

---

**S J C Behavioral Health Board Mtgs.**

**3rd Wednesday each month**
No July Mtg.—Aug. 15  6:00 PM  
San Joaquin County Behavioral Health  
1212 N. California St. Suite A & B

---

**NAMI SJ Board Mtgs.**

- **3rd Thursday**
  July 19 & Aug. 16  6:00 PM  
  Meetings held at:  
  SJ Co. Behavioral Health  
  1212 N. California St. Ste A & B  Stockton, CA

---

**NAMI SJ Board Mtgs.**

- **3rd Wednesday each month**
  No July Mtg.—Aug. 15  6:00 PM  
  San Joaquin County Behavioral Health  
  1212 N. California St. Suite A & B

---

**NAMI SJ Board Mtgs.**

- **3rd Wednesday each month**
  No July Mtg.—Aug. 15  6:00 PM  
  San Joaquin County Behavioral Health  
  1212 N. California St. Suite A & B

---

**NAMI SJ Board Mtgs.**

- **3rd Wednesday each month**
  No July Mtg.—Aug. 15  6:00 PM  
  San Joaquin County Behavioral Health  
  1212 N. California St. Suite A & B

---

**NAMI SJ Board Mtgs.**

- **3rd Wednesday each month**
  No July Mtg.—Aug. 15  6:00 PM  
  San Joaquin County Behavioral Health  
  1212 N. California St. Suite A & B

---

**NAMI SJ Board Mtgs.**

- **3rd Wednesday each month**
  No July Mtg.—Aug. 15  6:00 PM  
  San Joaquin County Behavioral Health  
  1212 N. California St. Suite A & B

---

**NAMI SJ Board Mtgs.**

- **3rd Wednesday each month**
  No July Mtg.—Aug. 15  6:00 PM  
  San Joaquin County Behavioral Health  
  1212 N. California St. Suite A & B

---

**NAMI SJ Board Mtgs.**

- **3rd Wednesday each month**
  No July Mtg.—Aug. 15  6:00 PM  
  San Joaquin County Behavioral Health  
  1212 N. California St. Suite A & B

---

**NAMI SJ Board Mtgs.**

- **3rd Wednesday each month**
  No July Mtg.—Aug. 15  6:00 PM  
  San Joaquin County Behavioral Health  
  1212 N. California St. Suite A & B

---

**NAMI SJ Board Mtgs.**

- **3rd Wednesday each month**
  No July Mtg.—Aug. 15  6:00 PM  
  San Joaquin County Behavioral Health  
  1212 N. California St. Suite A & B

---

**NAMI SJ Board Mtgs.**

- **3rd Wednesday each month**
  No July Mtg.—Aug. 15  6:00 PM  
  San Joaquin County Behavioral Health  
  1212 N. California St. Suite A & B

---

**NAMI SJ Board Mtgs.**

- **3rd Wednesday each month**
  No July Mtg.—Aug. 15  6:00 PM  
  San Joaquin County Behavioral Health  
  1212 N. California St. Suite A & B

---

**NAMI SJ Board Mtgs.**

- **3rd Wednesday each month**
  No July Mtg.—Aug. 15  6:00 PM  
  San Joaquin County Behavioral Health  
  1212 N. California St. Suite A & B

---

**NAMI SJ Board Mtgs.**

- **3rd Wednesday each month**
  No July Mtg.—Aug. 15  6:00 PM  
  San Joaquin County Behavioral Health  
  1212 N. California St. Suite A & B

---

**NAMI SJ Board Mtgs.**

- **3rd Wednesday each month**
  No July Mtg.—Aug. 15  6:00 PM  
  San Joaquin County Behavioral Health  
  1212 N. California St. Suite A & B

---

**NAMI SJ Board Mtgs.**

- **3rd Wednesday each month**
  No July Mtg.—Aug. 15  6:00 PM  
  San Joaquin County Behavioral Health  
  1212 N. California St. Suite A & B

---

**NAMI SJ Board Mtgs.**

- **3rd Wednesday each month**
  No July Mtg.—Aug. 15  6:00 PM  
  San Joaquin County Behavioral Health  
  1212 N. California St. Suite A & B