

NAMI San Joaquin County
Board Meeting
Thursday, July 17th, 2014, 6 P.M.
SJCMH, 1212 N. California St. Room B, Stockton, CA 95202
MINUTES

Call to Order: 6:00 p.m.

Roll Call: William Smith, Tasso Kandris, Gertie Kandris, Elizabeth Hess, James Jones, Irene Sherman, Ron Vandermoon, Rita Verde-Fellows, Raksmeiy Castleman

Absent: Pamela Swift and Jennie Montoya

Guests: Nancy Smith

Approval of Minutes: Bill Smith motion to approve the minutes. Gertie seconded. Motion passed unanimously.

Public Comment:

- Bill discussed about the NAMI Convention and the cost of the convention. Board members are unable to attend this year because it is too far and too expensive.
- Raksmeiy discussed about how NAMI can provide positive feedback to SJC Behavioral Health when witnessing positive treatment of clients. Tasso suggested to e-mail BHS Director (Vic Singh) and cc Jean Anderson, Tasso, and Bophasy Saukum of the employee's name.
- Nancy shared that she was happy to hear that Laura's Law passed in San Francisco and LA County.

Correspondence:

The Secretary read the following to the Board:

- Certificate of Appreciation from Lynn Padlo (NAMI Stanislaus) presented to SJ NAMI. (See Attachment)
- Read thank you letter from the Brain and Behavior Research for SJ NAMI donation to their cause. (See Attachment)
- Read thank you letter from Shelter for the Homeless in memory of Raul Sanchez. (See Attachment).
- Celebrate Stockton is Magnificent (CSIM) event, Saturday, October 4th, 2014 from Noon – 3:00 pm at Victory Park.
The Board decided to revisit this item at the next Board Meeting.
- CSIM Unsung Hero nomination form (See Attachment)
- Invitation from NAMI California to NAMI San Joaquin to host the next NAMI Regional Meeting. Item was discussed and will be added to the August Agenda
- Read training opportunity from Training People with Disability in August. Date and Time TBA. (See Attachment)
- Annual Report Journal from the Brain and Behavioral Research
- The Journal (newsletter) from Pasadena

New Business

1. Board approved for taking C D currently due, from B of Stockton and open new CD at BBVA Compass Bank at the rate of 1.15% APY. Signer will include the President (Tasso), Vice President (Bill), Secretary (Raksmeiy), and Treasurer (Raksmeiy).
2. Board authorized new CD be opened for \$10,000.00 at 1.15% APY at BBVA Compass Bank for 18 months. Current value of CD at B of S is \$7,526.60 Liz
3. Board authorize the transfer of \$30,000.00 from the checking account at B of Stockton into a money market account at BBVA Compass Bank at a rate of 1.00% - requires minimum balance of \$10,000/00, we currently have \$52,471.46 in the Bank.
Bill motioned on items 1, 2, and 3. Gertie seconded. Board voted unanimously.

Old Business:

1. **Speakers Report:**
 - a. August Speaker- Michael Fields
 - b. September Speaker- Dr. Rice will give presentation on Stockton State Hospital History
 - c. October: Movie about mental illness
2. **NAMI Walk-** Bill and Liz shared with the Board on the final wrap-up from NAMI Walk. NAMI of San Joaquin came second for fundraising for NAMI Walk with a total of \$8774.11. Sacramento is first place.
3. **Brochure Order Status-** Rita will order some brochures from the NAMI websites for the ones that we need for events. Board discussed the cover for NAMI brochures. Rita suggested that we should keep same layout to ensure that it looks like it belongs to SJC NAMI. Bill asked Rita to put something together for the draft of the brochure. Rita agreed. No motion or vote on this until the sample and final draft have been reviewed by the Board.
4. **Business Cards-** Nancy will be in charge of providing samples of business cards. Nancy will bring back samples to compare and look for prices.
5. **Continuation of By-Laws-** 30 minutes. Board postponed until the end of the meeting.

Reports

- A. Treasure's Report – Liz
- B. Bills presented for payment
- C. Legislative Report – Gertie shared LPS (Lanterman Petris Short Act) alarming Fast Facts distributed by the California Hospital Association regarding how many adults experience mental illness, the number of Psychiatric Beds in California Counties, Estimated 5150's Written (Detain/Transport on an Involuntary Hold) annually, monthly and daily and the percentage of those discharged within 23 hours and the percentage resulting in 72-hour holds as well as stats on Emergency Department Utilization Growth from 2006 to 2011 (see attachment). Gertie's written Legislative Report included information on two important Federal Bills: HR3717 and HR4574; she also reported that stakeholders filed a lawsuit against the California "Dual Eligibles Demonstration Project" and that San Francisco County followed Orange County in adopting "Laura's Law" on 07/08/14 and gave a summary report on the California State Senate Mental Health Select Committee Meeting chaired by Senator Jim Beall about recent investments in SB82 (San Joaquin County received \$2.5 Million for the Crisis Remodel) and SB852 (2014 California State Budget. See Attachment.
- D. MH&SAB Report- Gertie reported on the MH&SAB. Gertie discussed Recovery Happens 9/13/14. Tasso suggested giving apples out. Jim will pick up the apples. See attachment for more detail information on the MH&SAB report.
- E. NAMI Multi Cultural Taskforce- Raksme reported meeting with Leng Powers and Tsinat to establish Khmer Taskforce. Need to meet with Dora and Jim to establish the mission of the Multi-Cultural Taskforce.
- F. Other Committee Reports – Bill reported on the Consortium and presented by Veteran Services. Next month, Robert will present on LGBT at the Consortium.
 - a. NAMI CalMHSA Program - Ending the Silence (ETS). On 6/21/14 Tasso and Gertie presented ETS to the Students in Prevention "SIP" Group with 45 High School Sophomores from High Schools throughout San Joaquin County in attendance with excellent evaluation results of 96% of students reported that they strongly agreed/agreed with the materials presented and that the presentation together with the resources they received makes them feel that they can help themselves or others with respect to seeking mental health assistance.

- b. Additionally Nancy Smith reported that "ETS/Ending The Silence" CalMHSa funding ended with the fiscal year-end on 6/30/14.
- c. Gertie reported that there were no new ETS presentations scheduled at this time and asked that the Board should decide if ETS should continue to be funded through NAMI San Joaquin County.
- d. Nancy Smith stated that NAMI SJC has sufficient fund to keep ETS and Liz Hess, Treasurer agreed. Tasso then asked each member present to state if they support having NAMI SJC fund ETS and agreement was unanimous.

G. Recovery Happens on 9/13/14 11:30-3:30. Irene and Mary Ellen will be there to do it all

6. NAMI CA Trainings

- a. In process of Regional Meeting Schedule. There's six locations and they are looking for a host. Does the Board want to host? Tasso will follow-up with NAMI CA. Bill motioned for Tasso to follow up by 7/31/14. Liz seconded the motion. Board voted unanimously.

7. Educational Programs Report for 2014:

A: Family to Family & Familia a Familia (volunteer – no contract)- Will start 9/6/14

B: In Our Own Voice – En Nuestra Proipa Voz (SJC BHS contract – stipends)- 3-4 IOOV start first of September.

C: Peer to Peer – Persona a Persona (SJC BHS contract – stipends)- Will start 9/6/14

D: Basics- Starts September 5th.

E: Provider Education Course (SJC BHS contract)- Starts 9/8/14

F: NAMI CalMHSa Programs -
(Parents & Teachers as Allies (PTA) – Ending the Silence (ETS) - (IOOV) {verbal agreementw/NAMI Stanislaus}) – Whoever request the presentation. No ETS scheduled yet.

8. Support Groups Report:

A: English Family Support Groups = Stockton had 8 attendees, Lodi had 7 in attendance with 1 new attendee. 1 new member in Tracy

B: Spanish Family Support Group = Stockton (no report)

C: Connections Support Groups = Stockton; Tracy (6 on Saturday/ 4 on Thursday), 4 in Tracy)

5) Good of the order Board members only:
Reviewed By-Laws. Starts on page 6 Article V: Fiscal Year.
Stops at Article IX: Board of Director

Adjourn: Rita motioned to adjourn the meeting at 8:05 pm. Gertie seconded.

Next NAMI SJC Board Meeting: Thursday, August 21, 2014, 6 P.M.
1212 N. California St., Room B
Stockton, CA 95202

Submitted by Raksmev Castleman, Secretary, NAMI San Joaquin County