



MEMBERSHIP APPLICATION

- Membership options: New Member, Renewal, General Member (\$35), Open Door (Limited Income) (\$3)

NAME _____
STREET _____
CITY _____ ZIP _____
PHONE _____
E-MAIL _____

ADDITIONAL DONATION

Please consider giving an additional \$25 or more to NAMI San Joaquin County. Your donation supports our local services for those with mental illness and their family members.

\$ _____ Total Enclosed

Make checks payable to: NAMI San Joaquin County or join online at www.namisanjoaquin.org

- I am interested in volunteering for NAMI San Joaquin County. Please contact me at the above address/phone/Email or:

PLEASE MAIL THIS FORM TO:

NAMI San Joaquin County
P.O. Box 448
Stockton CA 95201

NAMI San Joaquin County is a 501(c)(3) nonprofit organization. All contributions are tax deductible to the extent allowed by law.

NAMI San Joaquin County members receive:

- Bi-monthly affiliate newsletter
Membership in NAMI California and NAMI National organizations
NAMI California Newsletter and NAMI CAN! reports
NAMI Advocate magazine and national news
Information about conferences, status of bills before legislature (national and California), latest research on mental illness
Access to NAMI California web site and NAMI National web site



Contact Information

Office: NAMI San Joaquin County

209.468.3755

Debbie Alter, Executive Director: 209.478.7799
Spanish: Rosalva Garduno 209.472.0191
San Joaquin County Behavioral Health Service

Warm Line 209.468.3585 24/7

Crisis Line 209.468.8686 24/7

National Suicide Prevention Life Lines:

- English 800.273.8255
Spanish 888.628.9454
Hearing and Speech Impaired 800.799.4889

NAMI CALIFORNIA
1851 Heritage Ln., Suite 150
Sacramento, CA 95815
916.567.0163

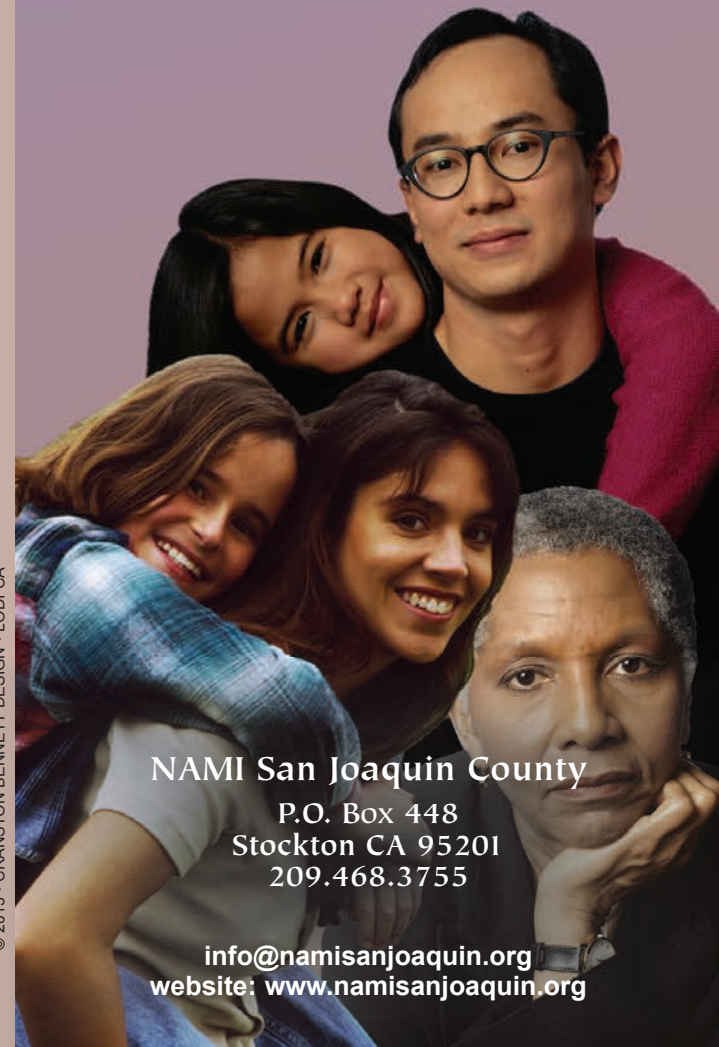
namicalifornia.org

NATIONAL ALLIANCE ON MENTAL ILLNESS
3803 N. Fairfax Rd., Suite 100
Arlington, VA 22203
703.524.7600

1-800.950.NAMI
nami.org



Support for Families and Friends



NAMI San Joaquin County

P.O. Box 448
Stockton CA 95201
209.468.3755

info@namisanjoaquin.org
website: www.namisanjoaquin.org

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San Joaquin County

NAMI San Joaquin County is a non-profit grassroots organization dedicated to improving the lives of individuals and families affected by mental illness. We share experiences, resources, knowledge, and advocate to promote a greater understanding of mental illness throughout our community.

FREE EDUCATIONAL PROGRAMS

Family-to-Family is a 12-week course for family members who want to gain vital information, insight, and understanding of their loved one's mental illness. This course is taught by trained NAMI family members who have a loved one living with a mental illness.

NAMI Basics is a 6-week course for parents, taught by trained parents who are also caregivers of children who developed the symptoms of mental illness in childhood. This program will help families cope with the impact these disorders have on their child and the entire family.

Peer-to-Peer is a 10-week course for people living with mental health conditions and want to learn more about their illness, achieve wellness, and prevent relapse. This course is taught by trained NAMI peers who are in recovery.

NAMI Provider Education Program is a 5-week course that presents a penetrating and subjective view of family and consumer experiences surrounding mental illness. This program is recommended for line staff at public agencies who work directly with people living with mental illnesses.

In Our Own Voice is a unique informational community outreach program led by trained individuals living with a mental illness. Presenters share stories that help to enrich the audiences' understanding of how those with mental illness cope and can reclaim rich and meaningful lives.

Ending the Silence is a presentation designed for middle/high school audiences to better understand mental illness and stigma reduction. A trained facilitator and a presenter living with a mental illness discuss symptoms of mental illness, as well as how students can help themselves and others who may be in need of support.

Parents & Teachers as Allies is a presentation led by a trained team including an educator, a parent, and an individual who has had to cope with a mental illness while growing up. School professionals and families will learn the early warning signs of mental illness in children and adolescents as well as available local support resources. This presentation is recommended for in-service educator trainings and parent group meetings.

Family-to-Family, Peer-to-Peer, and In Our Own Voice programs are available in Spanish.

FREE SUPPORT GROUPS

NAMI Family Support Group provides family members of persons with a mental illness the opportunity to learn from each other's experiences, share concerns, and most importantly offer each other hope and understanding. Meetings are facilitated by trained NAMI family members.

NAMI Connections Support Group is a recovery support group for adults living with a mental illness. People learn from one another's experiences, share coping strategies, and offer encouragement and hope. Groups are facilitated by trained NAMI peers who are in recovery themselves.

NAMI San Joaquin County Meetings

GENERAL AND BOARD MEETINGS

- Stockton** • 1ST Thursday of each month
7:00 PM NAMI General Meeting
1212 N. California St., Conference Room A
- Stockton** • 3RD Thursday of each month
6:00 PM NAMI Board meeting
1212 N. California St., Conference Room B

FAMILY SUPPORT GROUPS

Prior to attending a support group, please contact the NAMI office at 209.468.3755, as dates and locations are subject to change.

- Stockton** • 1ST Thursday of each month
5:30 PM Family Support Group
1212 N. California St., Conference Room A
- Stockton** • 4TH Thursday of each month
6:00 PM NAMI Spanish Language Support
1212 N. California St., Conference Room C
- Stockton** • 4TH Saturday of each month
10:00 AM Family Support Group
1212 N. California St., Conference Room A
- Tracy** • 1ST Monday of each month
7:00 PM Family Support Group
Healthy Connections
35 E. 10th St., Suite C
- Manteca** • 3RD Monday of each month
6:30 PM Family Support Group
Crossroads Grace Community Church
1505 Moffat Blvd.
- Lodi** • 4TH Thursday of each month
6:00 PM Family Support Group
Lodi Avenue Baptist Church
2301 W. Lodi Ave.

CONNECTIONS SUPPORT GROUP

- Stockton** • 1ST Thursday of each month
5:30 PM Connections Support Group
1212 N. California St., Conference Room C
- Please call the NAMI office at 209.468.3755 to check for other locations.*



San Joaquin County