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## Board Meeting Minutes

Date of Meeting: Thursday, February 20, 2014

Time: 6:00 p.m.

Location: 1212 California St., Room B, Stockton CA

**Call to Order: 6:00pm**

**Roll Call:** William Smith, Tasso Kandris, Gertie Kandris, Elizabeth Hess, Irene Sherman, Raksme

Castleman, Jennie Montoya, Jim Jones, Rita Verde-Fellows, Nancy Smith, Ron Vandermoon.

Absent: Pamela Swift

**Guests:** Debbie Alter

**Approval of January, 2014 Minutes:** Tasso Kandris made motion to accept minutes, Liz Hess seconded; motion passed with Bill Smith taking abstention because he did not receive a copy.

**Correspondence:** There was an over billing issue with the AT&T bill as compared to the original quote. Tasso Kandris will resolve. There were 10 new membership renewals.

### **New Business:**

1. Budget: Bill Smith made the motion to accept the budget after the following amendments: Addnl \$250.00 for Connections program, Less \$700.00 for Executive Director expense, Addnl \$500.00 to F to F Ed Program, Insurance Expense corrected to \$1500.00.
2. Communications: Rita Fellows will write up a one page protocol for Board communication. All board members will be included in decisions made and all correspondence will go to the entire group. Irene Sherman recommended meeting minutes be posted on website.
3. Plans for the month of May include the NAMI Walk and Oodles of Noodles. Also Save the Date - Legislature is May 13th

### **Reports:**

- A. Treasurers Report was prepared by Liz Hess. Received check from Dignity Health.
- B. Bills were presented for payment- AT&T bill, reimbursement and coordinator payment for Debbie Alter, Payments for IOOV presenters and Ending the Silence presenters
- C. .Legislative report - attached.
- D. MH&SAB Report - see attached

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## **Old Business**

### **1. Speakers Report:**

May 1st meeting will include a representative from Allsup - Social Security Disability Experts. They will share information and answer questions

### **2. NAMI CA Trainings:**

Nancy & Bill Smith offered to attend the Multi Cultural Meeting in Modesto March 5th.  
Family to Family & Familia a Familia Teacher Training- May 30<sup>th</sup> to June 1<sup>st</sup>, 2014, Elk Grove  
Peer to Peer-May 16<sup>th</sup>-18<sup>th</sup>, 2014, Sacramento  
In our Own Voice Train the Trainer-March 28<sup>th</sup>-30<sup>th</sup>, 2014, Sacramento

### **3. Educational Programs Report for 2014:**

- A. Family to Family: Four weeks on Saturdays from 10-12:30pm. 18 people signed up
- B. In Our Own Voice (IOOV)/ En Nuestra Propia Voz: SJCBS no report.
- C. NAMI Basics: Will be on 03/28 and 05/02 from 6-8:30pm.
- D. Peer to Peer/Persona-a-Persona: no report.
- E. Provider Education Program: Nancy. April 7, 2014.
- F. NAMI California/CalMHSA Programs

## **Support Groups Report:**

English Family Support Groups: Lodi: Irene Sherman and Jocelyn Spurgeon facilitators, (11 in attendance),

English Family Support Group in Stockton on Thursdays: 16 in attendance; in Manteca 15 people. In Tracy: Bill and Nancy will start on 02-03-14; Stockton Support Group on Saturdays: None.

Stockton: Spanish: Family Support: Going well and growing

Manteca: Continuing on 3<sup>rd</sup> Monday of each month, 6:30 pm, Crossroads Grace Community Church, 1505 Moffat Blvd., average nine to ten attendees. Might have to change meeting day.

Stockton Connections: 10:00 am on Saturdays at Wellness Center.

Stockton Connections: First Thursday of month discussion about a couple that may facilitate meeting instead of having a person come from Modesto to facilitate the meeting.

Tracy Connections: not meeting at this time.

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**Other Old Business:**

A: NAMI Walks- Bill and Liz: 43 teams as of Saturday. San Joaquin has 13 teams. They will be providing shuttle service from college parking lot to the Walk site at the park.

B: Further update on Spanish Literature: Rosalva reviewed the material, Dora will do a second review and take to printer.

**Public Comment:**

There will be a three minute time limit after a motion for a discussion period for non-board members.

Debbie Alter presented the Basics program for approval. She reviewed the Basics stipend, other expenses and explained that they were covered by a grant. Bill and Tasso recommended it be put on the agenda for the next meeting. (see attached flyer).

**Adjourn: 8:00 pm**

**Next NAMI SJC Board meeting March 20, 2014, 6:00 p.m.**

1212 N. California St, Conference Room B, Stockton, CA 95202

Submitted by Elizabeth Hess, Treasurer, with many thanks to Gertie Kandris for her assistance...  
NAMI San Joaquin County