

JANUARY 6, 2011

Support Meeting 6:00 PM
 General Meeting 7:00 PM

NAMIWALK Kickoff

Are you interested in learning more about our exciting plans to make this Walk more successful than last year?

FEBRUARY 3, 2011

Support Meeting 6:00 PM
 General Meeting 7:00 PM

Award Winning Movie: *Unlisted*

Unlisted: A Story of Schizophrenia is an examination into the nature of responsibility—of parents and children, physicians and patients, society and citizens, toward those afflicted with severe mental illness.

NAMI SJ Board Meetings

January 20 & February 17, 2011
 6:00 PM

STOCKTON SATURDAY SUPPORT GROUP

Fourth Saturday of each month:
 Jan. 22 & Feb. 26, 2011, 10:00 AM

STOCKTON THURSDAY SPANISH SUPPORT GROUP

Fourth Thursday of each month:
 Jan. 27 & Feb. 24, 2011, 10:00 AM

Stockton NAMI meetings are at
 1212 N. California St.
 Conference Room A

TRACY

MONDAY SUPPORT GROUP MONDAY CONNECTIONS RECOVERY PEERS GROUP

Mondays at 7 PM
 Healthy Connections Resource Center
 35 East 10th Street, Suite B
 Tracy, California
 Info: Karen Nichols 209.834.2313

LODI THURSDAY SUPPORT GROUP

Fourth Thursday of each month
 Jan. 27 and Feb. 24, 2011, 6:00 PM
 Lodi Avenue Baptist Church
 2301 West Lodi Avenue, Lodi

CAPITOL AREA AFFILIATE ADVOCACY CORP (C3AC)

Trula LaCalle, Executive Director of NAMI California, hosted a meeting of representatives from NAMI affiliates within a 90-minute distance from Sacramento to develop a Corp of advocates to help review bills, and work to educate our legislators about the needs of people with serious mental illness and their families, and to provide testimony at the Capitol. Joyce Plis attended as the Stanislaus representative and car pooled to Sacramento with Nancy Smith, President of NAMI San Joaquin. The NAMI lobbyist, Judy Wolen, and Trula LaCalle explained the budget process and timelines for introducing bills and the process of visiting representatives and their staff. Important actions will be communicated to NAMI members with requests to write/email their representatives.



Joyce and Nancy trained at the NAMI California office for the Advocacy Corps. Corp participants will study Assembly bills and testify before our state legislators in 2011. More legislative advocates are needed, if you are interested and live within 90 miles of Sacramento, contact Joyce or Nancy.

At left: Nancy Smith, NAMI San Joaquin County, and Joyce Plis, NAMI Stanislaus, participated in the training for Advocacy Corps in Sacramento.

Christmas Party for Clients at Moose Lodge

Every year NAMI along with SJCBS and the Board and Care Operators create a party for clients. The party is well attended

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Ron Vandermoon helping prep for the annual client's Christmas party at the Moose Lodge in Lodi. At left, preparing the stage for Xmas celebration & music.

Nami Officers Elected

NAMI members voted for new Officers and Board of Directors at the NAMI general meeting December 2, 2010. We call upon all NAMI members to step up their participation as much as they can and work hard to insure that the NAMI programs keep running smoothly to meet the needs of our families and peers. You can help shape NAMI's future. NAMI draws strength from its members.

- President**.....Jennie Montoya
Co-Vice Presidents.....Faye Robinson
 Ron Vandermoon
Secretary.....Mary Ellen Cranston-Bennett
Treasurer.....Nancy Smith
Directors.....Dora Contreras
 John Luna
 Karen Nichols
 Gail Osburn

Christmas Party

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and the food prepared by the members of the Loyal Order of Moose, Lodi, was excellent. It takes much work to make the party a success. Many people from SJCBS, NAMI, and other community members, provided labor to make the party a success. A big **THANK YOU** to all who helped!



NAMI member, Irene Sherman, helps fill "goodie bags". Each bag is filled with fruit and candies – each client receives a bag and a present.

The Advocate's Chair

NAMI/SJCBS Family Advocate, Gayle Henderson, has started a new Support/Education group for family members that meets every Tuesday evening from 6 to 8PM at San Joaquin County Behavioral Services, 1212 N. California Street, Stockton. The meetings will provide support for persons who have family members with a major mental illness, educate on various mental illnesses and inform attendees about community resources.



Gayle may be reached at the NAMI office 209.369.2594 or at her cell phone number 209.594.7920 for more information about the meetings.

Family-to-Family

Spring NAMI Family-to-Family class is scheduled to start February 12, 2011. Please telephone the NAMI office, 209.468.3755, to get on the wait list. You will then be notified of time and location.

Spanish Family-to-Family will start sometime in February. Date, time, and place TBA. Please call NAMI office to get on the list for this important class: 209 468.3755.

Provider Training

The NAMI Provider Education Program will start its series of 10 weekly classes Spring of 2011, date and time to be determined by SJCBS schedule.

NAMI Peer-to-Peer

Peer-to-Peer class will start on Jan 5, 2011, at 9:30 AM. Location will be at Health Connections Resource Center, 35 E. 10th St., Suite B, Tracy. The class will be facilitated by Kathleen Guerrero and Wendy Knowels from Stanislaus NAMI.

IOOV presenter, Theo George, completed the Peer-to-Peer Mentor training in Santa Clara on December 9 thru December 12, 2010. Sixteen new Mentor graduated with Theo. He came back tired but enthusiastic and ready to teach the Stockton Peer-to-

Peer class in March 2011. He plans to someday take the training for NAMI California Peer-to-Peer trainer in St. Louis.

IOOV Program

Spanish IOOV with Christian Ibarra and Jesse Ortiz presented the first Spanish presentation at La Familia on Tuesday, December 14th, and hope to be very busy after the holidays with other IOOV presentations. Spanish community leaders can contact Rosalva Garduno, rgarduno@deltacollege.edu, to schedule a presentation

IOOV will continue to make presentations in English as requested; community leaders may call our office 209.468.3755 or Karen Nichols 209.834.2313 to schedule a presentation.



Dues Reminder

NAMI San Joaquin County membership dues for year 2011 are due Jan 1, 2011. Please mail your dues promptly when you receive the notice in the mail.



MEMBERSHIP APPLICATION

- General Member \$35
- Support Member \$50 - \$99
- Century Member \$100 - \$499
- Patron Member \$500 or more
- Mental Health Client \$1

- Renewal
 - New Member
- \$ _____ Amount Enclosed

Your membership in NAMI San Joaquin County is tax deductible to the extent allowed by law and gives you membership in NAMI California and NAMI National organizations. Thank you for your support.

NAME _____

STREET _____

CITY _____ ZIP _____

PHONE _____ CELL _____

E-MAIL _____

Lived Experience Attribute (please check box)

- Individual
- Spouse
- Parent of adult
- Parent of minor-aged child
- Adult child
- Sibling
- Grandparent
- Other relative
- Professional
- Friend

Race and/or Ethnicity (please share information so we can track how well we include all communities)

- American Indian or Alaska Native
- Asian American
- Black or African American
- White or Caucasian
- Multiracial
- Other (please specify): _____

Please mail this form to: NAMI San Joaquin County
P.O. Box 448
Stockton, CA 95201