

**STOCKTON**

**MAY 5, 2011**

Support Meeting 6:00 PM  
 General Meeting 7:00 PM

**JUNE 2, 2011**

Support Meeting 6:00 PM  
 General Meeting 7:00 PM  
**Speaker:** Dr. Paul Mascovich,  
 Chief of Psychiatry at  
 Behavioral Health Services.  
 on Anosognosia  
 (lack awareness of illness)

**NAMI SJ Board Meetings**

May 19 & June 16, 2011,  
 6:00 PM

**Saturday Support Group**

Fourth Saturday of each  
 month: May 28 & June 25,

**TRACY**

**Monday Support Group**

**Monday Connections**

**Recovery Peers Group**

Mondays at 7:00 PM  
 Healthy Connections Re-  
 source Center  
 35 E. 10th Street, Suite B  
 Tracy, CA  
**Info:** Karen Nichols  
 209.834.2313

**LODI**

**Thursday Support Group**

Fourth Thursday of each  
 month:  
 May 26 & June 23, 2011,  
 6:00 PM  
 Lodi Avenue Baptist Church  
 2301 W. Lodi Avenue, Lodi  
 Corner of Allen & Lodi Ave.

**8TH ANNUAL SPRING FLING IN THE PARK**

John and Melva Luna and Tasso and Gertie Kandris representing NAMI San Joaquin at the "8th Annual Spring Fling In The Park" at the Woodbridge Community Park in Woodbridge on a beautiful sunny Sunday, April 17, from noon until 4pm. John and Melva had a young man climb into a nice shady tree and hang up our NAMI banner above our table with brochures secured from the breeze by John's lucky horseshoe. Our guys were very lucky in the free raffle: John won a plate and Tasso won a large pizza from Woodbridge Pizzeria. As luck would have it, the same young man stayed long enough to climb the tree again to remove our banner at the conclusion of the event. We had some interest in NAMI's support groups and services (including by our Sheriff's Patrol Deputy and STARS Volunteers) and also in the Oodles of Noodles lunch on May 6, 2011.



**Oodles of Noodles 29th Annual LUNCHEON**

Join us for a special event when clients and family enjoy friendship and a wonderful spaghetti lunch, The luncheon will be held on Friday, May 6t, 2011, at S.J. County Behavioral Health Services, 1212 N. California St., Stockton. The luncheon will be served from 11:30 until 1:00 p.m.. Proceeds from the **luncheon and raffle** ticket sales

enable NAMI San Joaquin County to fund various activities. One of them is the Christmas Luncheon/Party for clients of all ages—nearly 600 clients attended this past year. Others are the Senior Awareness Day at Micke Grove Park, Lodi, and the Record Family Day, Stockton, having an information

booth at each event, the Community Skills Building group, the Family-to-Family education course (also in Spanish) which is offered free of charge and more. **To purchase tickets** call 209-468-3755 (leave message). Tickets are \$7.00 ea. And raffle tickets are \$1.00 ea. Or 6 for \$5.00.

# TRACY PEER TO PEER PROGRAM UPDATE

Our graduation was bitter-sweet. I am so privileged to work with these wonderful people., who were so eager to learn about their own recovery. Some of the students asked if they could repeat the course, because they learned so much and enjoyed getting out and making friends.

Breaking out of isolation is a courageous and frightening step for peers; and yet they came back week after week.

Thank you to Co-Mentor Wendy Knowles and our volunteer Nikki Allen, who made teaching so enjoyable. We can't wait to get another course going in the fall or sooner.

We have two local family

members you can now contact if you need to find out information about NAMI specifically for the Tracy Satellite. The volunteers are Melva Luna 209-456-1835 and Mike Murray 209-836-4810. Karen Nichols and I are handling the peer calls and general information but if family members want to talk about their loved ones, they can now contact a volunteer family member and get first hand information from

a family member, instead of a peer.

**Best Buy in San Ramon** has donated a Wii gaming console for the Recovery and Wellness Center. Now the peers can get up and get moving while socializing. The peers are really enjoying playing games, especially baseball. Its a wonderful donation. **We are so grateful. Thank you Best Buy.**



Graduates of Peer-to-Peer

## 2011 NAMI CALIFORNIA STATE CONFERENCE

Friday, August 19th through Saturday, August 20th Double Tree Hotel, Sacramento, California. **10 Scholarships** available to both consumers and family members. **Two to each region**. Go to [namicalifornia.org](http://namicalifornia.org) for the Scholarship Application Form.

**Ernie Van Dyke Memorial Scholarship Award**—NAMI San Joaquin County to award local Scholarship after applicant has been turned down by NAMI California. Need letter from NAMI California and letter to NAMI San Joaquin County stating reason you want to attend.

**NAMI San Joaquin County Award of Merit**—Nominations for the Award of Merit honor are open to all members of the local affiliate. A letter stating why you are nominating this person for the Award of Merit should be mailed or delivered to the NAMI San Joaquin County Board of Directors. The nominee will have their name added to the plaque in the NAMI San Joaquin County office and be honored at the May General Meeting.

## FAMILY TO FAMILY & PROVIDER PROGRAMS

"Family to Family" went along very smoothly, we had 19 students graduate on April 23, 2011. The class met at 325 Acacia St, across from Dameron Hospital. This location has easy access and a wonderful conference room to hold a large class. We are very thankful that Dameron Hospital can provide this facility for our class to use.

**Provider Education Program**—Twenty-six students graduated on Thursday, April 14, 2011. This Provider class was composed of persons from quite a variety of educational and employer backgrounds. There are students from SJCBSH as well as CBOs, alcohol and drug abuse programs, board and care homes, parole department, women's outreach programs, various ethnic programs, etc. It was a great pleasure to teach, and learn from students from such diverse backgrounds.

### BECOME A NAMI MEMBER TODAY!

Please fill out the application form below and send it with your check of \$35 .

If you have paid your dues for 2011,  
**THANK YOU!!**



### MEMBERSHIP APPLICATION

- General Member .....\$35
- Support Member .....\$50 - \$99
- Century Member ..... \$100 - \$499
- Patron Member .....\$500 or more
- Mental Health Client .....\$1

- Renewal  New Member

\$ \_\_\_\_\_ Amount Enclosed

*Your membership in NAMI San Joaquin County is tax deductible to the extent allowed by law and gives you membership in NAMI California and NAMI National organizations. Thank you for your support!*

NAME: \_\_\_\_\_

STREET: \_\_\_\_\_

CITY: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE: \_\_\_\_\_ CELL: \_\_\_\_\_

EMAIL: \_\_\_\_\_

**Lived Experience Attribute** (please check box)

- Individual  Adult child
- Spouse  Sibling
- Parent of adult  Grandparent
- Parent of minor-aged child  Other relative
- Professional  Friend

**Race and/or Ethnicity** (please share information so we can track how well we include all communities)

- American Indian or Alaska Native  Caucasian (white)
- Asian American  Hispanic
- Black or African American  Multiracial
- Other (please specify): \_\_\_\_\_

**Please mail this form to:** NAMI San Joaquin County  
P.O. Box 448  
Stockton, CA 95201