

NEWSLETTER

NAMI San Joaquin County - P.O. Box 448, Stockton, CA 95201 Phone 209.468.3755 E-Mail: nami@mail.bhscbo.net

Visit Us On the Web: namisanjoaquin.org

San Joaquin County

Upcoming General Meeting Speakers

We will have the following speakers at our upcoming General Meetings right after the 6pm Family Support Group meeting which takes place at:

S. J. Co. Mental Health
1212 N. California St. Suite A
Stockton, CA

July 5th General Meeting Speaker

David Haro will give a presentation based on his experiences as a family advocate, a substance abuse counselor and a citizen dealing with individuals living with a

mental illness, substance abuse and additional medical and social issues. Strawberry shortcake will be served after the meeting.

August 2nd General Meeting

DVD of ground breaking documentary, "Stopping the Revolving Door - A Civil Approach to Treating Severe Mental Illness" will be shown. An indoor picnic is planned before the showing. We think you will find it powerful and compelling. We look forward to having you join us.

San Joaquin County Public Guardian/Conservator



Bill Smith presenting Scarlet Hughes with a NAMI certificate of appreciation.

Scarlet Hughes was our guest speaker at our General Meeting on June 7th. We had about 20 NAMI members attending. The presentation was very interesting and the audience asked many questions throughout the presentation and appreciated the information provided by Ms. Hughes.

information provided by Ms. Hughes.

Scarlet Hughes is the San Joaquin County Department of Health Care Services, Division of Behavioral Health Services Public Guardian/Conservator located at 1212 N California Street in Stockton with a current staff of 27. The Public Guardian/Conservator mission statement is to safeguard the lives and property of Conservatees who cannot care for themselves with the least possible restriction of their personal liberties. The Representative Payee mission statement is to manage the benefits and financial resources of disabled persons in a fiscally responsible and prudent manner.

There are four programs offered: (1) Representative Payee—they currently have 550 clients and process approx. 6,000 checks per month. (2) Guardianship

(financial only) of minors who are cared for by family members/friends and the parents are deceased and have left a substantial asset estate; it terminates upon the death of ward, by court order or when the ward reaches the age of majority. (3) LPS (Lanterman-Petris-Short Act) of an individual who has been adjudicated based on strict criteria to be gravely disabled as a result of a mental/psychiatric disorder; conservatorship must be reviewed each year; conservator can place individual in a locked psychiatric facility and authorize psychotropic medication but does not have blanket medical authority. (4) Probate Conservatorship of persons with cognitive (i.e. dementia, Alzheimer's, autism) and physical disability who are unable to properly provide for their personal needs for physical health, food, clothing or shelter and are substantially unable to manage their financial resources. Conservatorship is of the person and the estate, no renewal process is required. Conservator can obtain blanket medical powers but must obtain special Dementia Powers to authorize psychotropic medications. Persons suffering from cognitive disabilities cannot be placed in locked psychiatric facilities, only dementia unit.

Peer & Support Groups — 4th Saturday of the Month

For the past 14 years on every 4th Saturday of each month Ms. Verna Reinhart and Ms. Jennie Montoya facilitate a wonderful Family Support Group at S. J. Co. Mental Health 1212 N. California St. Suite A, Stockton, CA. We hope to see you there on July 28th and August 25th at 10 a.m.. A Peer Connections group meets concurrently in a separate location. See you there!!!

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NAMI SJC Education Programs Update

Welcome to our two new Family-to-Family Education Program Leaders, Kathleen Guerrero and Suzanne Levesque-Kita.

Kathleen plans to teach with husband, Juan, in Tracy and Suzanne will Co-Lead with Rita-Fellows this Fall starting Saturday, September 1st at 10AM at 530 W. Acacia St., 2nd Floor, Stockton in Dameron Hospital Education Department classroom. Register for NAMI Family-to-Family Education Program classes by calling the NAMI office at 209 468-3755 and leaving your contact information.

New State Trainer Trained

NAMI San Joaquin County member Rosalva Garduno was one of 6 trained as a NAMI De Familia a Familia state trainer. Rosalva flew to St. Louis on May 23rd to participate in the training and successfully completed the four day education course. She is now ready to teach her first NAMI California training for Spanish De Familia a Familia teachers.

NAMI BASICS Program

NAMI BASICS program materials have arrived and a tentative September start date has been scheduled. A free, six-session course for parents and other primary caregivers of children and adolescents living with mental illness will be taught by Debbie Alder and Tosh Saruwatari. To register call the NAMI office at 209 468-3755 and leave contact information.

NAMI BASICS Program

NAMI CA/Cal MHSA Programs are being implemented with two recent trainings in Sacramento and Modesto. The May 19th Ending the Silence training hosted by NAMI CA in Sacramento was attended by Nancy Smith. This anti-stigma program will be offered to high school health classes of Freshmen and Sophomores. Members who will be training by way of Webinar are Gertie and Tasso Kandris and Mary Bechthold. The Webinar trainings will continue through June and anyone interested in training for this education program call the NAMI office at 209 468-3755 and leave contact information.

The June 9th training for Parents & Teachers As Allies in Modesto was very successful with teams from all four affiliates in our Region in attendance. Those who completed the training from NAMI SJC were Debbie Alder, Aaron Mulcahy, Tosh Saruwatari, Emily Saso and Nancy Smith. This program will be available to teachers and school administrators in the community.

The program is an aid to recognizing Early-onset Mental Illness in Children and Adoles-

cents. We need at least one more team of four presenters. If interested call NAMI at 209 468-3755 and leave contact information.

Trainings for Provider Education Program and In Our Own Voice are planned but not scheduled at this time. Anyone interested in NAMI Education Program Presentation or participation can contact Nancy Smith, NAMI SJC Education Program Coordinator for information or to register for trainings at 209 982-1750.

CONNECTIONS

CONNECTIONS in Stockton still needs facilitators Attendance has been poor and some meetings were cancelled due to illness. We hope to continue building this important program for those living with a mental illness. If you are a consumer interested in training as a support group facilitator contact NAMI at 209 468-3755 and leave information.

NEW NAMI 360

NEW NAMI 360 Computer Program was launched May 29th and NAMI SJC Treasurer, Nancy Smith, trained by Webinar June 5th. Training will also be available at the 2012 NAMI National Convention.

This program makes it possible to add and renew members in an eBatch, track membership expiration and has a separate data base for mailings lists. Also, all dues are now standardized at \$35 and Open Door at \$3. Anything having to do with membership can now be done online.

Family Advocate Report



Hi everyone, please remember that we have the Family & Friends Education & Support Group every Tuesday from 5:30-7pm @ SJC BHS Conf Rm B, as well as the various FAIR Support Groups in the surrounding areas. Recently I attended the Family Advocate Roundtable Conference in Pismo Beach, CA. Three days of sharing what each County provides for Family and Consumer support and service put on by Transitions Mental Health Association in San Luis Obispo. What a remarkable way to get together, network and share ideas of what is working to have families that are affected by a loved one's mental illness become involved in treatment advocacy for services. I'll report more at the NAMI general meeting and Board in July.

Students In Prevention Program Anti-Stigma Movement

"Students in Prevention" is one of the many groups that Tasso & Gertie Kandris present their anti-stigma campaign to. The 2011/12 "Students in Prevention" participants, under the leadership of Christiane Highfill, organized a Walk Team and participated in the 2012 Northern California NAMI-Walks on April 28 at William Land Park in Sacramento as part of their anti-stigma movement and support of NAMI SJC. (photo on page 3).

Christiane Highfill SJC Behavioral Health-Substance Abuse Services and "SIP" Coordinator, selected students who participated in the 2012/13 "Students in Prevention" Program and NAMI Members Tasso and Gertie provided the new "SIP" group with their NAMI Anti-Stigma presentation on Friday, June 22, 2012 at San Joaquin County Behavioral Health Center.

The 2012/13 SIP Group consisting of 46 new SIP Students (new recruits) and 13 new SIP Student Supervisors; this year's Student Supervisors are selected from last year's SIP Group. This Group again consisted of very bright Students; they were very engaged, took lots of notes and they expressed to us that the presentation was very informative and interesting. We were even rewarded with lots of applause.

Oodles of Noodles 30th Annual Luncheon Report

Oodles of Noodles was a great success! We served over 200 lunches to consumers and family members due to the help of SJC BH staff, NAMI members who helped and also donated tickets back to be given to consumers, our outstanding cooks Tony & Ida Queirolo and helpers Matt Bailey BC4, and Tasso Kandris.

Thank you to the following volunteers and anyone I may have missed :

Vic Singh, Mary Ellen Cranston Bennett, Jennie Montoya, Irene Sherman, Aaron Mulcahy, Mary Bechthold, Gerties and Tasso Kandris, Ron Vandermoon, Rosalva Garduno, Pat Mc Cann, Colleen & Bill Cook, Hisa Nakamura and Daisy Chew.

We met all our goals and the proceeds will be presented to Clara Lagorio to fund the client Christmas Party at the Moose Lodge in Lodi.

2nd Annual Northern California NAMIWalks a Success!!!

The 2nd Annual Northern California NAMIWalks held on April 28 at William Land Park in Sacramento was a great success!! Jennie Medrano NAMI SJC member (from First United Methodist Church Choir in Lodi); sang The National Anthem “a cappella”. Channel Fox40 KTXL.TV Sacramento Morning News Anchor, Ms. Becerra was there to cover the event. In all ,six counties participated;

Sacramento, Amador, El Dorado, San Joaquin, Stanislaus and Yolo. In total, 150 teams, 1,500 walkers and over \$150,000. raised. San Joaquin County came in 2nd in the amount of money raised: \$15,705.71. Between NAMI National, NAMI California and NAMI Sacramento receiving their portions; we netted \$9,423.42. We are thankful for the response we received from the communi-

ty. Congratulations to everyone involved. The 2011/12 “Students in Prevention” participants, under the leadership of Christiane Highfill SJC Behavioral Health - Substance Abuse Services and “SIP” Coordinator, ,organized a Walk Team and participated as part of their anti-stigma movement and in support of NAMI San Joaquin County.



Irene Sherman’s HiSteppers Team (above)
Students in Prevention Team (below)



Jennie Medrano



Fox40 KTXL.TV Sacramento Morning News Anchor, Alisa Becerra & Gertie Kandris



Nancy Smith’s Team Silence Breakers (above)



Gertie & Tasso Kandris’ Niko Stigma Team (above)
SJC Behavioral Health Services’ Body, Heart & Soul Team (left)

NAMI SAN JOAQUIN COUNTY SUPPORT GROUPS & Board Meetings

Stockton

Thursday Support Group & Peer Connections 1st Thurs. each month: July 5 & August 2

Family Support Group 6:00 PM
Peer Connection/Recovery 6 PM

General Meeting 7:00 PM

Saturday Family Support Group & Peer Connections 4th Sat. of each month: July 28 & August 25

Family Support Meeting 10 AM
Peer Connection/Recovery 10 AM
San Joaquin County Mental Health
1212 N. California St. Suite B
Stockton, CA

NAMI SJ Board Mtgs.

July 19 and August 16 - 6PM

Meetings held at: SJ Co. Mental Health
1212 N. California St. Ste A & B
Stockton, CA

SJ Co. Mental Health Board Mtgs.

July 18 & August 15 - 6 PM
San Joaquin County Mental Health
1212 N. California St. Suite A & B
Stockton, CA

Tracy

Monday Family Support Group
Monday Connections
In July **no group on the 2nd** only on the 16th—August 6 & 20 7:00 PM

Peer Recovery & Wellness
Wednesdays
July 4 & 18—August 1 & 15 -10 AM

Location: Healthy Connections
Resource Center
35 E. 10th Street, Suite B
Tracy, CA

Spanish Support Group

4th Thursday each month
July 26 & August 23
San Joaquin County Mental Health
1212 N. California St. Suite B
Stockton, CA

Stockton Support Group Contact:
Mary Ellen Cranston-Bennett
209-369-2594

SJ Co. Mental Health Family Advocate:
David Haro 209-401-6087

BECOME A NAMI MEMBER TODAY!

Lodi

Family Support Group
4th Thursday each month
July 26 & August 23
Contact: Irene Sherman
209-368-1469
Or Joselyn Spurgeon 209-369-5936
Location: Lodi Avenue Baptist Church-
Fellowship Hall
2301 W. Lodi Avenue
Lodi, CA 95242
Down the street from Raley's
Corner of Lodi Ave. & Allen Dr.
East of Lower Sacramento Rd.

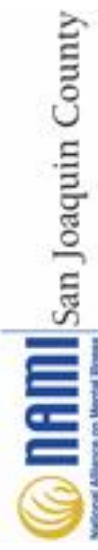
NAMI San Joaquin County is going GREEN!!

You can **help us** by receiving your newsletter via email. To get you e-newsletter **please contact** our Newsletter Editor Rita @ thefellows@sbcglobal.net

NAMI SJC Membership Drive

Dues for 2012 are now due. Use the form on this newsletter to submit your renewal or new membership dues. **Your membership and support are essential** to NAMI San Joaquin County and enable our affiliate to provide education, support, advocacy and to grow.

Please fill out the application form below and send it with your check of \$35 . If you have already paid your dues **THANK YOU!!**



MEMBERSHIP APPLICATION

General Member\$35

Support Member\$50 - \$99

Century Member \$100 - \$499

Patron Member\$500 or more

Mental Health Client\$1

Renewal New Member

\$_____ Amount Enclosed

Your membership in NAMI San Joaquin County is tax deductible to the extent allowed by law and gives you membership in NAMI California and NAMI National organizations. Thank you for your support.!

NAME: _____

STREET: _____

CITY: _____ ZIP: _____

PHONE: _____ CELL: _____

EMAIL: _____

Lived Experience Attribute (please check box)

Individual Adult child

Spouse Sibling

Parent of adult Grandparent

Parent of minor-aged child Other relative

Professional Friend

Race and/or Ethnicity (please share information so we can track how well we include all communities)

American Indian or Alaska Native Caucasian (white)

Asian American Hispanic

Black or African American Multiracial

Other (please specify): _____

Please mail this form to: NAMI San Joaquin County
P.O. Box 448
Stockton, CA 95201