Upcoming General Meeting Speakers

General Meetings are held at 7pm right after the 5:30pm Family Support Group (all are welcome) meetings which take place at: S. J. Co. Behavioral Health — 1212 N. California St. Suite A — Stockton

MAY 4TH, General Meeting
Speaker: The Honorable Richard Vlavianos, Judge - Superior Court of San Joaquin Co.

Judge Vlavianos is in charge of the Mental Health Court. He will be discussing some of the issues he see with respect to mental health clients and those dealing with substance abuse.

Judge Vlavianos earned his B.A. from the University of California and his J.D. from the McGeorge School of Law.

JUNE 1ST, General Meeting
Speaker: Suzanne Schultz
Family Crimes Coordinator for the San Joaquin County District Attorney’s office

Ms. Schultz will be speaking on the subject of Human Trafficking. Schultz is the chair of a county human trafficking task force workgroup that focuses on education and outreach.

Ms. Schultz, indicates that community awareness is the first step to battling trafficking. The task force that began about a year and a half ago is pushing to get the word out in communities, schools and local government.

General Meeting Speakers March and April

At the March 2017 General Meeting the movie “CODE” was shown.

Above a photo taken at the NAMI SJC General Meeting on April 6, 2017 of the Speakers from the San Joaquin County Sheriff's Department on the topic of "SAN JOAQUIN COUNTY SHERIFF'S OFFICE FIELD CONTACT & IN-CUSTODY MENTAL HEALTH TREATMENT PLAN" to an audience of 25 NAMI SJC members.

In the photo of the Sheriff's Speakers (from left to right): Lt. Randy Johnson, Patrol Division Capt. Philip George, Patrol Division
NAMI SJC Board Member Tasso Kandris who arranged for this presentation, Lt. Michael Tibon, Custody Administration and Sheriff Steve Moore
Not included in the photo is Cynthia Borges, LMFT, Chief Mental Health Clinician, SJC Correctional Health Care who also participated in the presentation.

More about this on page 3 “In-Custody…”

NAMIWalks 2017 — Join Us!!! 9 a.m.

May 6, 2017 William Land Park, Sacramento, CA
Nancy Smith and Tai Rance Kelly in the photo above who just finished the Family/Peer Support Specialist Pilot Webinar Training Program. The Family/Peer Support Specialist Webinar Training program is devoted to giving peers and family members an opportunity to learn about educational skills such as the Recovery Model, Communication Skills, Trauma Informed Care, among others. All webinar training sessions are guided by trained presenters and provide opportunities for live participant interaction. The goal of this program is to provide individuals with lived experience as a peer or family member Behavioral Health educational training, one-on-one career counseling, and support to volunteer or work in the Behavioral Health Field (if needed).

In the photo above is the graduating class for the Provider Ed Teacher Training Class. NAMI SJC President Edna Ealey was very appreciative of Nancy’s willingness to train this group. In the photo beginning at the far left is Nancy Smith (the Trainer) and all others are participants (left to right) Beth Bortner, MaryFrancis Goonen, Star Vazquez, Edna Ealey, Larry Crain, Tai Rance Kelly, Drew Strachan, and Stacy Bullock. In the other photo is Nancy Smith with one of the participants Tai Rance Kelly. The participants will now be able to serve on a panel and lead providers in Provider Education Courses. The NAMI Provider Education Program is a five-week course that presents a penetrating, subjective view of family and consumer experiences with serious mental illness to line staff at public agencies who work directly with people experiencing severe and persistent mental illnesses.

The course helps providers realize the hardships that families and consumers face and appreciate the courage and persistence it takes to live with and recover from mental illness.

On Sunday, March 12th, NAMI SJC volunteers, staff and board members had a vendor booth at the annual VN CARES Pacific Family Health Fair held at St. Luke’s Catholic Church where information about NAMI SJC and mental health was provided to attendees. In the photo above are Wendy Knowles Connection Group facilitator, Drew Strachan NAMI SJC Volunteer Coordinator and Mary Francis Goonen NAMI Volunteer. The fair included Free Health Services, fun activities for kids, raffle prizes, and free products from vendors! The Vietnamese Cancer Awareness Research Education Society (VN CARES) Committee and pharmacy students at the Thomas J. Long School of Pharmacy and Health Sciences hosted the 10th Annual Pacific Family Health Fair to provide FREE health services to the Stockton community. The purpose of VN CARES is to promote health issue awareness, knowledge, and preventative care in the Vietnamese community, in addition to creating opportunities for students interested in the health field to gain experience and work in the community. In the photo above are NAMI SJC Board Pres. Edna Ealey U.O.P’s Mascot NAMI SJC Vice President Michael Fields.
May is Mental Health Month

Many NAMI Affiliates across the nation request their local authorities to designate "May is Mental Health Month" and Tasso and I have participated with SJC Behavioral Health Services in this event over the past several years as previous SJC BHS Legislative Advocates as well as NAMI SJC Members and currently as NAMI SJC Legislative Advocates. This year Greg Diederich, Director of San Joaquin County Health Care Services, agreed to follow this tradition and he will present a Resolution for the San Joaquin County Board of Supervisors to designate "May is Mental Health Month". Tasso and I usually make a brief statement as Legislative Advocates for NAMI San Joaquin County. This year Greg Diederich will also provide a Summary Report to the Board of Supervisors about the progress made by the "Stepping Up Initiative Behavioral Health Members and currently as NAMI SJC Legislative Advocates. Advocates for NAMI San Joaquin County.

In-Custody Mental Health Treatment Plan

Sheriff Steve Moore, Captain Philip George (Patrol Division), Lt. Randy Johnson (Patrol Division) Lt. Michael Tibon (Custody Administration) and Cynthia Borges, Chief Mental Health Clinician, Correctional Health Care presented an Joaquin County Sheriff’s Office Field Contact & In-Custody Mental Health Treatment Plan to an audience of 25 NAMI San Joaquin County Members and also answered many questions.

In 2016 San Joaquin County Behavioral Health Services (BHS) Mobile Crisis Response Team (MCRT) responded to assist the Sheriff’s Office on calls dealing with persons suffering from mental health issues 74 times, which is more than the next three Police Departments combined.

LT. RANDY JOHNSON of the PATROL DIVISION spoke about recognizing the issue when law enforcement becomes involved in a broad spectrum of mental health conditions or issues as well as the process of resolving these incidents with the greatest and best of intentions but it can also have tragic results for everyone involved. The effects of mental health conditions do not only affect those with a diagnosis but their families and the community as well. Family Member education and information, such as knowing types of behaviors, symptoms, or signs to determine what assistance is needed to avoid symptoms from possibly getting out of control as well as being aware of local assistance programs, i.e. Consumer Support Warm Line, Crisis Emergency Hot Line and MCRT, is important. The Sheriff’s Office has worked in partnership with BHS receiving education, training and updated information for Deputies and Shift Supervisors. They also have close collaboration with MCRT to provide valuable information to the Deputy on how to best deal with the individual. When the person needs further mental health assistance and has not committed any crime, Deputies will contact BHS to prepare to receive the person expediting the process. When the person does not need immediate assistance and has not committed a crime, Deputies will contact BHS to contact and assist the person and they will also provide families and friends contact information to the Consumer Support Warm Line, Crisis Emergency Hot Line and MCRT.

LT. MICHAEL TIBON of the CUSTODY DIVISION stated that the average daily population of the jail is 1,250 inmates and approximately 45% of the population is on some type of psychiatric protocol (medication, group/individual therapy, psychiatric visits or under observation in the Sheltered or Medical Housing Units). Mental Health care is offered 24 hours a day, seven days a week. Initial contact in the jail includes pre-screening mental health questions.

Connection Support Group

What is it??
NAMI Connection is a recovery support group program for adults living with mental illness.

These groups provide a place that offers respect, understanding, encouragement, and hope in a casual and relaxed approach to sharing the challenges and successes of coping with mental illness. Meetings are held in Stockton and Manteca at:

Stockton
SJC Behavioral Health 1212 N. California 1st Thursday each month at 5:30 PM

Wellness Center Group Saturday Connection
• Free and confidential
• Held weekly for 90 minutes
• Designed to connect, encourage, and support participants using a structured support group model
• Led by trained facilitators living in recovery.

Saturday’s 10:00am – 11:30am
The Wellness Center
1109 N. California St., Stockton

Manteca

Doctors Hospital of Manteca
1205 E. North St. - Manteca
1st Monday each month 6 - 7:30p.m.
Contact: Kerrie 209-922-7846 or NAMISJC

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www.facebook.com/namisjcounty

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Mental Illness We can help
namisjc.org • 209-351-9683

NAMI San Joaquin County
Please fill out the application form below and send it with your check of $35. If you have already paid your dues THANK YOU!!

**NAMI SJC Membership Drive**

Use the form on this letter to submit your renewal or new membership dues. Your membership and support are essential to NAMI San Joaquin County and enable our affiliate to provide education, support, advocacy and to grow.

**BECOME A NAMI MEMBER TODAY!**

**Lodi**

**Family Support Group**
4th Thursday each month except holidays*:
May 25 & June 22 6:00 PM
Contact: Irene Sherman
209-368-1469
Or Joselyn Spurgeon 209-369-5936
Location: Lodi Avenue Baptist Church Fellowship Hall—2301 W. Lodi Avenue
Lodi, CA 95242
Down the street from Raley’s

**Spanish Support Group**
Contact Star Vazquez for dates & time
Contact: Star Vazquez
(209) 752-5611
Location: SJC Behavioral Health
1212 N. California St. Suite B
Stockton

**Manteca**

Family Support Group
3rd Monday* each month except holidays*:
Coming Soon!!
call the NAMI office 468-3755
Location:
Doctors Hospital of Manteca
1205 E. North St. - Manteca

**Stockton**

Connection Support Group
1st Thursday each month Support Group
May 4 & June 1
Family Support Group—5:30 PM
Connections Support Group—5:30 PM
General Meeting 7:00 PM
(speakers see page 1)
Contact: Mary Ellen Cranston-Bennett
209-369-2594

The above meetings are held at:
San Joaquin County Behavioral Health
1212 N. California St. Suite B—Stockton

**Tracy**

**Family Support Group**
1st Monday each month—
May 1 & June 5 6:30 PM
Location: 35 E. 10th St., Tracy, CA.

**NAMI SJ Board Mtgs.**

3rd Thursday each month
May 18 & June 15 6:00 PM
Meetings held at:
SJ Co. Behavioral Health
1212 N. California St. Ste A & B
Stockton, CA

**SJC Behavioral Health Board Mtgs.**

3rd Wednesday each month
May 17 & June 14 6:00 PM
San Joaquin County Behavioral Health
1212 N. California St. Suite A & B
Stockton, CA

**S.J. Co. Behavioral Health**
Family Advocate:
Richard Black 209-401-6087

**ADDITIONAL DONATION**

Please consider giving an additional $25 or more to NAMI San Joaquin County and enable our affiliate to provide education, support, advocacy and to grow.

**MAKE CHECKS PAYABLE TO:**

NAMI San Joaquin County or join online at www.namisanjoaquin.org

**PLEASE MAIL THIS FORM TO:**

NAMI San Joaquin County
P.O. Box 448
Stockton, CA 95201

**ADDITIONAL DONATION**

Please consider giving an additional $25 or more to NAMI San Joaquin County. Your donation supports our local services for those with mental illness and their family members.

**Please mail this form to:**

NAMI San Joaquin County
P.O. Box 448
Stockton, CA 95201

NAMI San Joaquin County is a 501(c)(3) nonprofit organization. All contributions are tax deductible to the extent allowed by law.