

NEWSLETTER

Find Help & Hope.

NAMI San Joaquin County

P.O. Box 448
Stockton, CA 95201
209.468.3755

info@namisanjoaquin.org
namisanjoaquin.org

Also in this issue:

Bicycle Program	2
A Special Thank you	2
Connection Support Groups	2
Family Support Groups	2
NAMI SJC Board Meetings	2
BHS Board Meetings	2
Family Advocate Info	2
Donation Opportunities	2
Membership Application	2

NAMI SJC Board Members

Officers:

President: John Weston
V. P.: Michael Fields
Past President: Michael Fields
Secretary: Colleen Byars
Treasurer: Edna Ealey-Fields

Board of Directors:

Heather Bradford
Larry Crain
Alexandra Queen
Kaz Saruwantari
Hollie Ivory-Jones

We could not do it without our volunteers!

Are you interested in volunteering?

Contact us at
outreach@namisanjoaquin.org

We are *strongest* when we are *united* for the same cause.

Welcome New Board for 2021

President—John Weston
Vice President—Michael Fields
Treasurer—Edna Ealey-Fields
Secretary—Colleen Byars
Board of Directors
Heather Bradford
Larry Crain
Kazuko Saruwatari
Hollie Ivory-Jones
Alexandra Queen

2021 Planning Meeting January 14, 2021

The Community Meeting for January will be moved from the 1st Thursday to the 2nd Thursday for this month only. We will use this time for our yearly planning meeting. Please join via zoom to hear the highlights from 2020 and our goals for the coming year. We are looking forward to the coming year, as we continue to offer all support groups and classes via zoom and are planning some great speakers for our bi-monthly Community meetings. “See” your there!

January 14, 2021 6-8pm

NAMI Celebrates our Long Time Volunteers



NAMI could not function without our volunteers. We recently honored a few of our volunteers who have worked tirelessly for years and years, for a combined total over a hundred years between them.

Thank you for your many hours of service, Tasso and Gertie Kandris, Rita Fellows, Mary Ellen Cransten-Bennitt and Irene Sherman (not pictured).

NAMI Walk Coming Soon

The annual NAMI Walk is scheduled for May 22, 2021. This is our annual fund raiser for the year. The walk will be virtual so get out those tennis shoes, plan your route and gather your sponsors. You can join a “team” or create your own team. Last year we raise over 5,000.00! Watch our website namisanjoaquin.org for information.



Community Spotlight: Shining a light on those working in our community

Be Strong Families offers workshops, trainings and technical support for people, systems and organizations that are trying to promote healing and prevent violence in families.

Visit www.bestrongfamilies.org



NAMI SJC Bicycle Program



Do you know of someone working hard on their recovery who needs a bicycle?
 Let us know.
 We will provide individuals in need of transportation a brand new bicycle.

New LGBTQ Support Group

COMING SOON!

NAMI San Joaquin County will be offering support groups for our LGBTQ community. We are committed to reaching everyone in our community who is struggling. Watch our website for information and spread the word!

NAMI SJC Family Support Groups

Do you have a family member who is living with a mental illness? Are you looking for support and education? NAMI San Joaquin offers Family Support Groups throughout the county.

2nd Tuesday and 4th Thursday each month at 6:00pm

Meetings are temporarily being held via Zoom. If interested in attending and to receive the link to join the group, please contact NAMI SJC via email at info@namisanjoaquin.org

NAMI SJC Connection Support Groups

A Peer-led Support Group for adults living with mental illness. This group can assist with insights by hearing the challenges and successes of other peers. The groups are led by NAMI-Trained Facilitators who have lived experience.

1st and 3rd Tuesday at 6:00pm

Meetings are temporarily being held via Zoom. If interested in attending and to receive the link to join the group, please contact NAMI SJC via email at info@namisanjoaquin.org

NAMI SJC Board Meetings

3rd Thursday of each at 6:00 PM Meetings are temporarily being held via Zoom. If interested in attending, please contact NAMI SJC at info@namisanjoaquin.org

SJC BHS Board Meetings

3rd Wednesday of each at 5:00 PM Meetings are temporarily being held via zoom. If interested in attending, please contact BHS for information at (209) 468-8700

Stockton Spanish Support

We apologize for the inconvenience but our Spanish Family Support Groups & Spanish Connection Support Groups are temporarily on hold. We are seeking Spanish speaking volunteer leaders.

**S.J. Co. Behavioral Health Services
 Family Advocate:
 Richard Black
 209-401-6087**

- Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to **Nami Of San Joaquin County** whenever you shop on AmazonSmile.
- You can select a different charitable organization after signing in.
- AmazonSmile is the same Amazon you know. Same products, same prices, same service.
- Support your charitable organization by starting your shopping at smile.amazon.com.

BECOME A NAMI MEMBER TODAY!

NAMI SJC Membership Drive Use the form on this letter to submit your renewal or new membership dues. Your membership and support are essential to NAMI San Joaquin County and enables our affiliate to provide education, support, advocacy and to grow.



MEMBERSHIP APPLICATION

Membership is for NAMI SJC, NAMI California and NAMI.

- New Member Renewal
- Household Membership \$60
- Individual Member \$40
- Open Door (limited Income) \$5

NAME: _____

STREET: _____

CITY: _____ ZIP: _____

PHONE: _____ CELL: _____

EMAIL: _____

ADDITIONAL DONATION

Please consider giving an additional \$25 or more to NAMI San Joaquin County. Your donation supports our local services for those with mental illness and their family members.

\$ _____ Total Enclosed

Make checks payable to:

NAMI San Joaquin County or join online at www.namisanjoaquin.org

I am interested in volunteering for NAMI San Joaquin County. Please contact me at the above address/phone/Email.

PLEASE MAIL THIS FORM TO:

NAMI San Joaquin County
 P.O. Box 448
 Stockton, CA 95201

NAMI Joaquin County is a 501(c)(3) nonprofit organization. All contributions are tax deductible to the extent allowed by law.